

Your PCW Product Options

Meal Replacements

Puddings, Shakes, Soups

- Chocolate Beverage w/ Fiber
- Cheddar Broccoli Soup
- Chocolate Pudding
- Cream of Chicken Soup
- Hot Cocoa Beverage
- Lemon Pudding w/ Fiber
- Mixed Berry Smoothie Beverage
- Mocha Beverage
- Pineapple-Apricot Beverage
- Strawberry Beverage
- Tomato Basil Soup
- Vanilla Beverage w/ Fiber
- Vanilla Pudding



Meal Bars

2 Bars = 1 Meal Replacement
1 X per day

- Chocolate Fudge Meal Bars
- Peanut Butter Meal Bars



Snack Bars

15g Protein

- Almond
- Caramel Cocoa
- Cinnamon Crunch
- Fudge Graham
- Peanut w/ Chocolate
- Peppermint Cocoa
- Chortbread
- Vanilla Caramel Crunch
- Variety Pack



10g Protein .

- Lemon Meringue
- Marshmallow Brownie Crisp
- Variety Pack

PCW Grocery Store

All items are snacks / to be added to your daily program allowances

- Cinnamon Crisp Cereal
- Cocoberry Cereal
- Oatmeal w/ Apple & Cinnamon
- Oatmeal w/ Maple & Brown Sugar
- Home-style Pancakes w/ Fiber
- Cheesy Nacho Pasta
- Chicken Noodle Soup w/ Fiber
- Minestrone Soup
- Sloppy Joes
- Chili
- Sour Cream & Onion Crunch O's
- BBQ Crunch O's
- Cheddar Double Bites
- Honey Mustard Double Bites
- Party Mix
- Pizza Bites
- Cinnamon Swirls w/ Chocolate



Additional Snack Options

NON-VLCD ONLY

- Fettuccini Alfredo
- Mac & Cheese